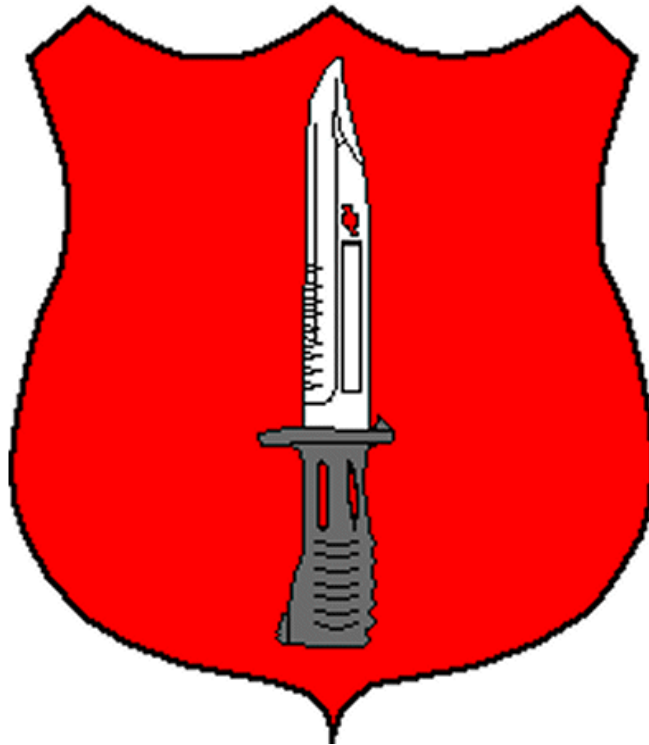
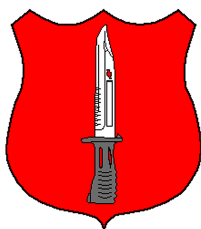


# **EX FROSTED BLADE (NORDIC)**

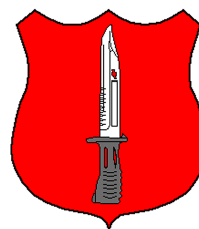


**LES SAISIES 2009**

**OFFICIAL RESULTS**



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**



**MEN'S & LADIES 7km XC (Free Technique)**

**Monday 14 December 2009**

**OFFICIAL RESULTS**

**WEATHER CONDITIONS**

Weather:	Clear and Sunny
Snow Conditions	Hard Icy Track
Snow Temperature	- 2C (10:00) - - 2C (11:15)
Air Temperature	- 3C (10:00) - - 1C (11:15)

**RACE INFORMATION**

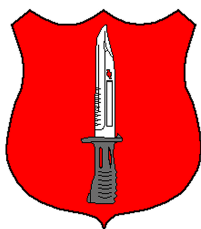
Start:	10:00
Finish:	11:30
Number of Entries:	47
Did Not Start	-
Did Not Finish	-
Disqualified	-

**COURSE INFORMATION**

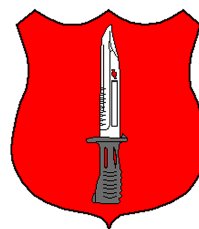
Total Track Length	7 km
Height Difference:	51 m

**RACE JURY**

Chief of Race:	W01 Mark Crisp APTC
Starter:	LCpl Clint Vale 1 RIFLES
Team Captain:	Capt Andy Martin 3 Med Regt
	Sgt Phil Broom 13 AASR RLC



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

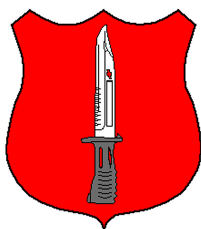


**MEN'S 7km XC (Free Technique)**

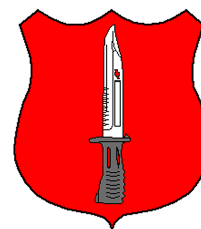
**Monday 14 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Bib</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Ind Time</b>
1	42	Capt	MARTIN Andrew	3 Med Regt	V	RLC	24:28
2	47	LCpl	BOLD David	3 Med Regt	S	REME	26:27
3	43	Sgt	BROOM Phil	13 AASR RLC	S	RLC	26:30
4	41	Lt	GRAVES Kraig	1 RIFLES	S	INF	26:42
5	44	LCpl	MEEKINGS Brett	13 AASR RLC	S	RLC	28:20
6	12	Cfn	SUMNER Steve	13 AASR RLC	JN	REME	32:15
7	1	Pte	FITTON Craig	13 AASR RLC	SN	RLC	32:40
8	45	Sgt	JOHNSTON Bruce	5 RIFLES	V	INF	33:45
8	32	Rfn	KELLY Micheal	1 RIFLES	JN	INF	33:45
10	36	Rfn	STEVENS Micheal	1 RIFLES	JN	INF	33:52
11	28	Pte	BEAUMONT-FARRELL Matt	3 PARA	JN	INF	34:13
12	20	2Lt	HOWES Jonathon	13 AASR RLC	SN	RLC	34:17
13	24	LCpl	GORAL James	1 RIFLES	JN	INF	35:22
14	9	LCpl	STILLMAN Dale	1 RIFLES	SN	INF	35:28
15	39	LCpl	KENYON Ian	5 RIFLES	SN	INF	36:00
16	46	Sjt	GODDARD Padraig	1 RIFLES	V	INF	36:48
17	10	LCpl	DRINKWATER Jas	3 PARA	SN	INF	37:25
18	3	LCpl	CAIN John	1 RIFLES	SN	INF	37:36
19	14	Pte	HUGHES Adam	2 ROYAL WELSH	SN	INF	38:46
20	31	Pte	COLE Stu	3 PARA	JN	INF	39:29
21	13	Rfn	BRAND Ben	1 RIFLES	SN	INF	39:46
22	2	Pte	READ Josh	3 PARA	JN	INF	39:48
23	11	Pte	HOLLAND Todd	2 ROYAL WELSH	SN	INF	39:52
24	37	LCpl	COEY Alex	3 Med Regt	SN	RLC	40:02
24	33	Pte	WATKINS Wayne	2 ROYAL WELSH	SN	INF	40:02
26	30	LCpl	RADFORD Kenny	3 Med Regt	SN	RLC	41:07
27	27	Pte	ALLEN Micheal	2 ROYAL WELSH	SN	INF	41:10
28	18	Rfn	PEARCE Stu	1 RIFLES	SN	INF	41:56
29	7	LCpl	TEDHAM James	3 PARA	SN	INF	42:22
30	29	Rfn	SHEPPARD John	1 RIFLES	JN	INF	43:11
31	19	Pte	HILL Jermal	3 PARA	JN	INF	43:44
32	8	Capt	KESTIN John	2 ROYAL WELSH	SN	INF	44:01



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

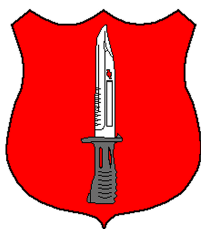


**MEN'S 7km XC (Free Technique)**

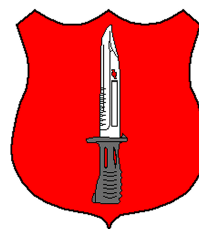
**Monday 14 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Bib</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Ind Time</b>
<b>33</b>	<b>17</b>	Lt	DAVIES Chris	5 RIFLES	SN	INF	<b>44:42</b>
<b>34</b>	<b>23</b>	LCpl	JONES Paul	3 Med Regt	SN	RLC	<b>45:11</b>
<b>35</b>	<b>6</b>	Pte	DONNE Damian	2 ROYAL WELSH	JN	INF	<b>45:15</b>
<b>36</b>	<b>5</b>	2Lt	MAHONEY Thomas	3 Med Regt	SN	RAMC	<b>45:51</b>
<b>37</b>	<b>21</b>	Rfn	WARD Alex	5 RIFLES	JN	INF	<b>45:52</b>
<b>38</b>	<b>15</b>	Cpl	MORGAN Todd	3 Med Regt	SN	RAMC	<b>47:55</b>
<b>39</b>	<b>38</b>	2Lt	CHRONIR Nathan	2 ROYAL WELSH	SN	INF	<b>49:27</b>
<b>40</b>	<b>35</b>	Pte	JACKSON Sam	3 PARA	JN	INF	<b>51:50</b>
<b>41</b>	<b>22</b>	2Lt	O'DONAGHUE Micheal	2 ROYAL WELSH	SN	INF	<b>54:35</b>
<b>42</b>	<b>25</b>	Pte	ROY Lucas	3 PARA	SN	INF	<b>57:30</b>



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

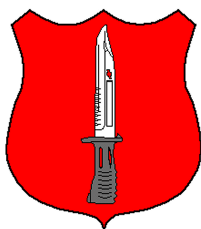


**LADIES 7km XC (Free Technique)**

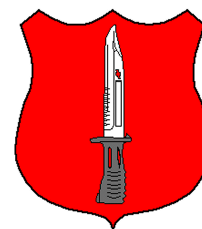
**Monday 14 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Bib</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Ind Time</b>
1	26	Pte	RICHARDS	3 Med Regt	FSN	RAMC	0:57:20
2	34	Pte	GIBSON	3 Med Regt	FJN	RAMC	1:00:02
3	40	Pte	TUSWA	3 Med Regt	FSN	RAMC	1:06:05
4	16	Pte	DALLING	3 Med Regt	FJN	RAMC	1:06:59
5	4	2Lt	KINLAN	3 Med Regt	FSN	AGC	1:09:27



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

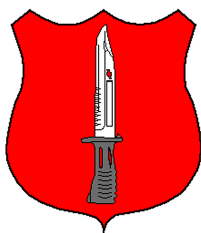


**MEN'S 7km XC (Free Technique)**

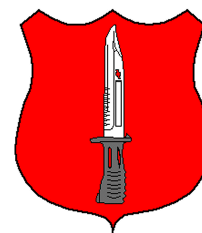
**Monday 14 December 2009**

**OFFICIAL NOVICE TEAM RESULTS**

Pos	INF	Team	Bib	Rank	Name	Cat	Corps	Ind Time	Team Time
<b>1</b>		<b>13 AASR RLC</b>							<b>1:39:12</b>
			<b>12</b>	Cfn	SUMNER Steve	JN	REME	32:15	
			<b>1</b>	Pte	FITTON Craig	SN	RLC	32:40	
			<b>20</b>	2Lt	HOWES Jonathon	SN	RLC	34:17	
<b>2</b>	<b>1</b>	<b>1 RIFLES</b>							<b>1:42:59</b>
			<b>32</b>	Rfn	KELLY Micheal	JN	INF	33:45	
			<b>36</b>	Rfn	STEVENS Micheal	JN	INF	33:52	
			<b>24</b>	LCpl	GORAL James	JN	INF	35:22	
			<b>9</b>	LCpl	STILLMAN Dale	SN	INF	35:28	
<b>3</b>	<b>2</b>	<b>3 PARA</b>							<b>1:51:07</b>
			<b>28</b>	Pte	BEAUMONT-FARRELL Matt	JN	INF	34:13	
			<b>10</b>	LCpl	DRINKWATER Jas	SN	INF	37:25	
			<b>31</b>	Pte	COLE Stu	JN	INF	39:29	
			<b>2</b>	Pte	READ Josh	JN	INF	39:48	
<b>4</b>	<b>3</b>	<b>2 ROYAL WELSH</b>							<b>1:58:40</b>
			<b>14</b>	Pte	HUGHES Adam	SN	INF	38:46	
			<b>11</b>	Pte	HOLLAND Todd	SN	INF	39:52	
			<b>33</b>	Pte	WATKINS Wayne	SN	INF	40:02	
			<b>27</b>	Pte	ALLEN Micheal	SN	INF	41:10	
<b>5</b>	<b>HC</b>	<b>1 RIFLES B</b>							<b>1:59:18</b>
			<b>3</b>	LCpl	CAIN John	SN	INF	<b>37:36</b>	
			<b>13</b>	Rfn	BRAND Ben	SN	INF	<b>39:46</b>	
			<b>18</b>	Rfn	PEARCE Stu	SN	INF	<b>41:56</b>	
			<b>29</b>	Rfn	SHEPPARD John	JN	INF	<b>43:11</b>	

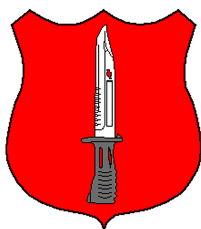


INFANTRY NORDIC SKI CHAMPIONSHIPS  
EX FROSTED BLADE (NORDIC)  
LES SAISIES 2009

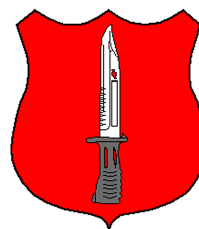


MEN'S 7km XC (Free Technique)  
Monday 14 December 2009  
OFFICIAL NOVICE TEAM RESULTS

Pos	INF	Team	Bib	Rank	Name	Cat	Corps	Ind Time	Team Time
6		<b>3 Med Regt</b>							<b>2:06:20</b>
			37	LCpl	COEY Alex	SN	RLC	40:02	
			30	LCpl	RADFORD Kenny	SN	RLC	41:07	
			23	LCpl	JONES Paul	SN	RLC	45:11	
			5	2Lt	MAHONEY Thomas	SN	RAM C	45:51	
7	4	<b>5 RIFLES</b>							<b>2:06:34</b>
			39	LCpl	KENYON Ian	SN	INF	36:00	
			17	Lt	DAVIES Chris	SN	INF	44:42	
			21	Rfn	WARD Alex	JN	INF	45:52	
			8	Capt	KESTIN John	SN	INF	44:01	
8	HC	<b>3 PARA B</b>							<b>2:17:56</b>
			7	LCpl	TEDHAM James	SN	INF	42:22	
			19	Pte	HILL Jermal	JN	INF	43:44	
			35	Pte	JACKSON Sam	JN	INF	51:50	
			25	Pte	ROY Lucas	SN	INF	57:30	
9	HC	<b>2 ROYAL WELSH B</b>							<b>2:18:43</b>
			8	Capt	KESTIN John	SN	INF	44:01	
			6	Pte	DONNE Damian	JN	INF	45:15	
			38	2Lt	CHRONIR Nathan	SN	INF	49:27	
			22	2Lt	O'DONAGHUE Micheal	SN	INF	54:35	



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**



**MEN'S 7km XC (Classical)**

**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

**WEATHER CONDITIONS**

Weather:	Clear and Sunny
Snow Conditions	Hard Icy Track
Snow Temperature	- 9C (09:00) -- 7C (10:05)
Air Temperature	- 8C (10:00) -- 5C (10:05)

**RACE INFORMATION**

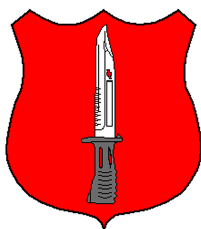
Start:	09:00
Finish:	10:05
Number of Entries:	43
Did Not Start	-
Did Not Finish	1
Disqualified	-

**COURSE INFORMATION**

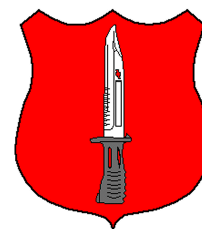
Total Track Length	7 km
Height Difference:	51 m

**RACE JURY**

Chief of Race:	W01 Mark Crisp APTC
Starter:	LCpl Clint Vale 1 RIFLES
Team Captain:	Capt John Kestin 2 ROYAL WELSH
	Lt Kraig Graves 1 RIFLES



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

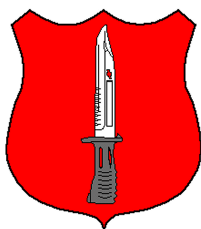


**MEN'S 7km XC (Classical Technique)**

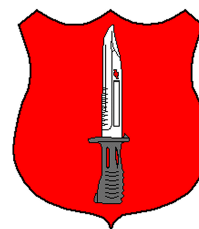
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

Pos	Bib	Rank	Name	Team	Cat	Corps	Ind Time
1	92	Capt	MARTIN Andrew	3 Med Regt	V	RLC	29:11
2	89	Lt	GRAVES Kraig	1 RIFLES	S	INF	30:17
3	90	Sgt	BROOM Phil	13 AASR RLC	S	RLC	30:46
4	93	LCpl	MEEKINGS Brett	13 AASR RLC	S	RLC	30:54
5	88	LCpl	BOLD David	3 Med Regt	S	REME	30:57
6	76	Cfn	SUMNER Steve	13 AASR RLC	JN	REME	35:47
7	67	LCpl	CAIN John	1 RIFLES	SN	INF	36:33
8	87	Sgt	JOHNSTON Bruce	5 RIFLES	V	INF	36:43
9	85	Pte	ALLEN Micheal	2 ROYAL WELSH	SN	INF	37:48
10	78	LCpl	DRINKWATER Jas	3 PARA	SN	INF	38:02
11	68	Pte	FITTON Craig	13 AASR RLC	SN	RLC	38:11
11	59	Pte	BEAUMONT-FARRELL Matt	3 PARA	JN	INF	38:11
13	69	Rfn	BRAND Ben	1 RIFLES	SN	INF	38:32
13	70	Rfn	WARD Alex	5 RIFLES	JN	INF	38:32
15	73	Rfn	STEVENS Micheal	1 RIFLES	JN	INF	38:37
16	86	LCpl	GORAL James	1 RIFLES	JN	INF	39:06
17	65	LCpl	TEDHAM James	3 PARA	SN	INF	39:07
18	82	2Lt	HOWES Jonathon	13 AASR RLC	SN	RLC	39:54
19	72	Lt	DAVIES Chris	5 RIFLES	SN	INF	40:00
20	60	Rfn	SHEPPARD John	1 RIFLES	JN	INF	40:10
21	84	LCpl	STILLMAN Dale	1 RIFLES	SN	INF	40:15
22	77	Capt	KESTIN John	2 ROYAL WELSH	SN	INF	40:19
23	80	Pte	WATKINS Wayne	2 ROYAL WELSH	SN	INF	40:23
24	66	Pte	DONNE Damian	2 ROYAL WELSH	JN	INF	40:49
25	91	Sjt	GODDARD Pdraig	1 RIFLES	V	INF	41:20
26	56	LCpl	KENYON Ian	5 RIFLES	SN	INF	41:36
27	62	Pte	JACKSON Sam	3 PARA	JN	INF	41:58
28	61	Pte	HUGHES Adam	2 ROYAL WELSH	SN	INF	42:10
29	75	Rfn	PEARCE Stu	1 RIFLES	SN	INF	43:25
30	79	Pte	COLE Stu	3 PARA	JN	INF	44:56
31	31	Pte	READ Josh	3 PARA	JN	INF	45:28
32	55	Cpl	MORGAN Todd	3 Med Regt	SN	RAMC	46:44



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

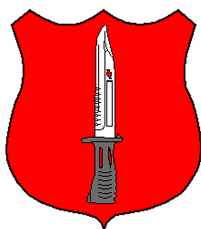


**MEN'S 7km XC (Classical Technique)**

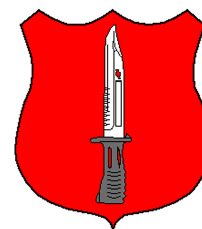
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Bib</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Ind Time</b>
<b>33</b>	<b>54</b>	2Lt	CHRONIR Nathan	2 ROYAL WELSH	SN	INF	<b>46:48</b>
<b>34</b>	<b>57</b>	LCpl	COEY Alex	3 Med Regt	SN	RLC	<b>46:51</b>
<b>35</b>	<b>83</b>	2Lt	MAHONEY Thomas	3 Med Regt	SN	RAMC	<b>47:28</b>
<b>36</b>	<b>53</b>	LCpl	JONES Paul	3 Med Regt	SN	RLC	<b>48:36</b>
<b>37</b>	<b>74</b>	Pte	HILL Jermal	3 PARA	JN	INF	<b>49:00</b>
<b>38</b>	<b>63</b>	Rfn	KELLY Micheal	1 RIFLES	JN	INF	<b>49:09</b>
<b>39</b>	<b>71</b>	Pte	HOLLAND Todd	2 ROYAL WELSH	SN	INF	<b>51:30</b>
<b>40</b>	<b>52</b>	2Lt	O'DONAGHUE Micheal	2 ROYAL WELSH	SN	INF	<b>51:41</b>
<b>41</b>	<b>64</b>	LCpl	RADFORD Kenny	3 Med Regt	SN	RLC	<b>52:57</b>
<b>42</b>	<b>58</b>	Cfn	MARTIN Neale	13 AASR RLC	SN	REME	<b>55:46</b>
<b>DNF</b>	<b>51</b>	Pte	ROY Lucas	3 PARA	SN	INF	



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**



**MEN'S 7km XC (Classical Technique)**

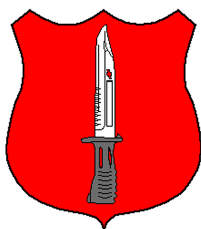
Tuesday 15 December 2009

**OFFICIAL NOVICE TEAM RESULTS**

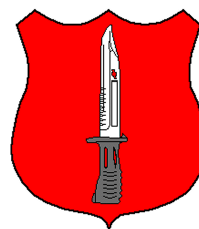
Pos	INF	Team	Bib	Rank	Name	Cat	Corps	Ind Time	Team Time
1	1	<b>1 RIFLES</b>							<b>1:53:42</b>
			67	LCpl	CAIN John	SN	INF	36:33	
			69	Rfn	BRAND Ben	SN	INF	38:32	
			73	Rfn	STEVENS Micheal	JN	INF	38:37	
			86	LCpl	GORAL James	JN	INF	39:06	
2		<b>13 AASR RLC</b>							<b>1:53:52</b>
			76	Cfn	SUMNER Steve	JN	REME	35:47	
			68	Pte	FITTON Craig	SN	RLC	38:11	
			82	2Lt	HOWES Jonathon	SN	RLC	39:54	
			58	Cfn	MARTIN Neale	SN	REME	55:46	
3	2	<b>3 PARA</b>							<b>1:55:20</b>
			78	LCpl	DRINKWATER Jas	SN	INF	38:02	
			59	Pte	BEAUMONT-FARRELL Matt	JN	INF	38:11	
			65	LCpl	TEDHAM James	SN	INF	39:07	
			62	Pte	JACKSON Sam	JN	INF	41:58	
4	3	<b>2 ROYAL WELSH</b>							<b>1:58:30</b>
			85	Pte	ALLEN Micheal	SN	INF	37:48	
			77	Capt	KESTIN John	SN	INF	40:19	
			80	Pte	WATKINS Wayne	SN	INF	40:23	
			66	Pte	DONNE Damian	JN	INF	40:49	
5	4	<b>5 RIFLES</b>							<b>2:00:08</b>
			70	Rfn	WARD Alex	JN	INF	38:32	
			72	Lt	DAVIES Chris	SN	INF	40:00	
			56	LCpl	KENYON Ian	SN	INF	41:36	

Pos	INF	Team	Bib	Rank	Name	Cat	Corps	Ind Time	Team Time
-----	-----	------	-----	------	------	-----	-------	----------	-----------

<b>6</b>	<b>HC</b>	<b>1 RIFLES B</b>						<b>2:03:50</b>
		<b>60</b>	Rfn	SHEPPARD John	JN	INF	40:10	
		<b>84</b>	LCpl	STILLMAN Dale	SN	INF	40:15	
		<b>75</b>	Rfn	PEARCE Stu	SN	INF	43:25	
		<b>63</b>	<i>Rfn</i>	<i>KELLY Micheal</i>	<i>JN</i>	<i>INF</i>	<i>49:09</i>	
<b>7</b>	<b>HC</b>	<b>3 PARA B</b>						<b>2:19:24</b>
		<b>79</b>	Pte	COLE Stu	JN	INF	44:56	
		<b>31</b>	Pte	READ Josh	JN	INF	45:28	
		<b>74</b>	Pte	HILL Jermal	JN	INF	49:00	
		<b>51</b>	<i>Pte</i>	<i>ROY Lucas</i>	<i>SN</i>	<i>INF</i>	<i>DNF</i>	
<b>8</b>	<b>HC</b>	<b>2 ROYAL WELSH B</b>						<b>2:20:28</b>
		<b>61</b>	Pte	HUGHES Adam	SN	INF	42:10	
		<b>54</b>	2Lt	CHRONIR Nathan	SN	INF	46:48	
		<b>71</b>	Pte	HOLLAND Todd	SN	INF	51:30	
		<b>52</b>	<i>2Lt</i>	<i>O'DONAGHUE Micheal</i>	<i>SN</i>	<i>INF</i>	<i>51:41</i>	
<b>9</b>		<b>3 Med Regt</b>						<b>2:21:03</b>
		<b>55</b>	Cpl	MORGAN Todd	SN	RAMC	46:44	
		<b>57</b>	LCpl	COEY Alex	SN	RLC	46:51	
		<b>83</b>	2Lt	MAHONEY Thomas	SN	RAMC	47:28	
		<b>5</b>	<i>LCp</i>					
		<b>3</b>	<i>I</i>	<i>JONES Paul</i>	<i>SN</i>	<i>RLC</i>	<i>48:36</i>	



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**



**LADIES 3.5 KM XC (Classical Technique)**

**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

**WEATHER CONDITIONS**

Weather:	Clear and Sunny
Snow Conditions	Hard Icy Track
Snow Temperature	-8C (09:20) - -7C (10:05)
Air Temperature	-7C (10:05) - -5C (10:05)

**RACE INFORMATION**

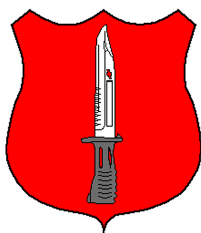
Start:	09:22
Finish:	10:05
Number of Entries:	5
Did Not Start	-
Did Not Finish	1
Disqualified	-

**COURSE INFORMATION**

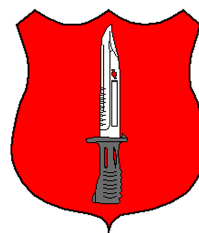
Total Track Length	3.5 km
Height Difference:	51 m

**RACE JURY**

Chief of Race:	W01 Mark Crisp APTC
Starter:	LCpl Clint Vale 1 RIFLES
Team Captain:	Capt John Kestin 2 ROYAL WELSH
	Lt Kraig Graves 1 RIFLES



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

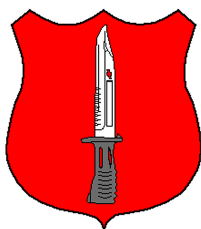


**LADIES 3.5 KM XC (Classical Technique)**

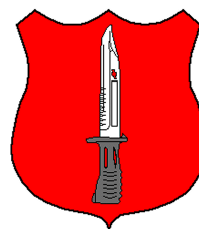
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Bib</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Ind Time</b>
<b>1</b>	<b>97</b>	2Lt	KINLAN Holly	3 Med Regt	FSN	AGC	<b>28:19</b>
<b>2</b>	<b>98</b>	Pte	RICHARDS Kirsty	3 Med Regt	FSN	RAMC	<b>28:25</b>
<b>3</b>	<b>95</b>	Pte	GIBSON Hannah	3 Med Regt	FJN	RAMC	<b>31:04</b>
<b>4</b>	<b>96</b>	Pte	TUSWA Akhona	3 Med Regt	FSN	RAMC	<b>33:21</b>
<b>DNF</b>	<b>94</b>	Pte	DALLING Abigail	3 Med Regt	FJN	RAMC	



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**



**MENS & WOMENS 1KM BIATLON SPRINT**

**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

**WEATHER CONDITIONS**

Weather:	Clear and Sunny
Snow Conditions	Firm
Snow Temperature	- 2C (14:10) - - 3C (15:10)
Air Temperature	- 3C (14:10) - - 5C (15:10)

**RACE INFORMATION**

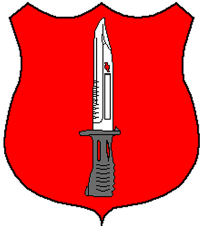
Start:	14:10
Finish:	15:10
Number of Entries:	39
Did Not Start	-
Did Not Finish	-
Disqualified	-

**COURSE INFORMATION**

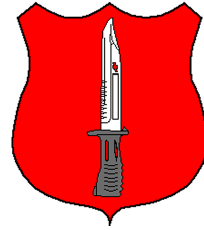
Total Track Length	900m
Height Difference:	4 m

**RACE JURY**

Chief of Race:	W01 Mark Crisp APTC
Starter:	LCpl Clint Vale 1 RIFLES
Chief of Range:	Sgt Phil Broom 13 AASR RLC
Team Captain:	Lt Ben Sebley 3 PARA
	Lt Chris Daivies 5 RIFLES



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

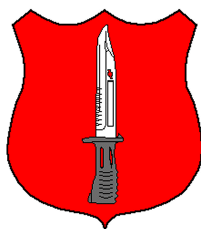


**MEN'S BIATHLON 1km SPRINT**

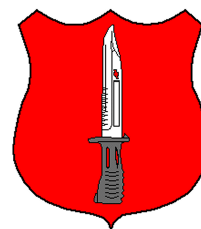
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

Pos	Rank	Name	Team	Cat	Corps	Run Time	P	S	Penalty	Ind Time
1	Lt	GRAVES Kraig	1 RIFLES	S	INF	05:04	4	3	01:45	<b>06:49</b>
2	LCpl	BOLD David	3 Med Regt	S	REME	05:05	4	3	01:45	<b>06:50</b>
3	Capt	MARTIN Andrew	3 Med Regt	V	RLC	05:02	4	4	02:00	<b>07:02</b>
4	LCpl	GORAL James	1 RIFLES	JN	INF	05:07	4	5	02:15	<b>07:22</b>
5	LCpl	DRINKWATER Jas	3 PARA	SN	INF	05:49	3	4	01:45	<b>07:34</b>
6	Pte	HUGHES Adam	2 ROYAL WELSH	SN	INF	06:03	3	4	01:45	<b>07:48</b>
7	LCpl	RADFORD Kenny	3 Med Regt	SN	RLC	06:07	3	4	01:45	<b>07:52</b>
8	Sgt	JOHNSTON Bruce	5 RIFLES	V	INF	06:44	1	4	01:15	<b>07:59</b>
9	Pte	DONNE Damian BEAUMONT-FARRELL	2 ROYAL WELSH	JN	INF	06:22	2	5	01:45	<b>08:07</b>
9	Pte	Matt	3 PARA	JN	INF	06:07	3	5	02:00	<b>08:07</b>
11	Rfn	SHEPPARD John	1 RIFLES	JN	INF	07:01	2	3	01:15	<b>08:16</b>
12	Sjt	GODDARD Padraig	1 RIFLES	V	INF	07:06	3	2	01:15	<b>08:21</b>
12	Pte	WATKINS Wayne	2 ROYAL WELSH	SN	INF	07:06	3	2	01:15	<b>08:21</b>
12	Pte	READ Josh	3 PARA	SN	INF	06:51	2	4	01:30	<b>08:21</b>
15	Lt	DAVIES Chris	5 RIFLES	SN	INF	06:52	3	3	01:30	<b>08:22</b>
16	2Lt	CHRONIR Nathan	2 ROYAL WELSH	SN	INF	07:10	2	3	01:15	<b>08:25</b>
17	Rfn	KELLY Micheal	1 RIFLES	JN	INF	06:18	5	4	02:15	<b>08:33</b>
18	Pte	HOLLAND Todd	2 ROYAL WELSH	SN	INF	06:37	4	4	02:00	<b>08:37</b>
19	Pte	ALLEN Micheal	2 ROYAL WELSH	SN	INF	06:25	4	5	02:15	<b>08:40</b>
20	Rfn	STEVENS Micheal	1 RIFLES	JN	INF	06:42	4	4	02:00	<b>08:42</b>
20	Pte	COLE Stu	3 PARA	JN	INF	06:57	3	4	01:45	<b>08:42</b>
22	Pte	JACKSON Sam	3 PARA	JN	INF	06:17	5	5	02:30	<b>08:47</b>
23	LCpl	KENYON Ian	5 RIFLES	SN	INF	06:57	5	3	02:00	<b>08:57</b>
24	Rfn	BRAND Ben	1 RIFLES	SN	INF	07:14	4	3	01:45	<b>08:59</b>
24	Rfn	PEARCE Stu	1 RIFLES	SN	INF	07:29	3	3	01:30	<b>08:59</b>
26	Capt	KESTIN John	2 ROYAL WELSH	SN	INF	07:20	4	3	01:45	<b>09:05</b>
26	LCpl	CAIN John	1 RIFLES	JN	INF	06:52	5	5	02:30	<b>09:22</b>
28	Pte	HILL Jermal	3 PARA	JN	INF	07:08	4	5	02:15	<b>09:23</b>
29	LCpl	TEDHAM James	3 PARA	SN	INF	07:09	4	5	02:15	<b>09:24</b>
30	LCpl	STILLMAN Dale	1 RIFLES	SN	INF	07:10	5	4	02:15	<b>09:25</b>
31	2Lt	MAHONEY Thomas	3 Med Regt	SN	RAMC	07:12	5	4	02:15	<b>09:27</b>



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

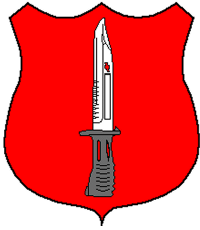


**MEN'S BIATHLON 1km SPRINT**

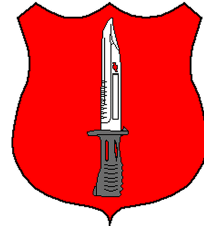
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Run Time</b>	<b>P</b>	<b>S</b>	<b>Penalty</b>	<b>Ind Time</b>
<b>32</b>	LCpl	JONES Paul	3 Med Regt	SN	RLC	07:33	5	3	02:00	<b>09:33</b>
<b>33</b>	Rfn	WARD Alex	5 RIFLES	JN	INF	07:15	5	5	02:30	<b>09:45</b>
<b>34</b>	Pte	ROY Lucas	3 PARA	SN	INF	08:01	4	5	02:15	<b>10:16</b>
<b>35</b>	Cpl	MORGAN Todd	3 Med Regt	SN	RAMC	08:26	5	4	02:15	<b>10:41</b>
<b>36</b>	2Lt	O'DONAGHUE Micheal	2 ROYAL WELSH	SN	INF	09:49	5	5	02:30	<b>12:19</b>



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**EX FROSTED BLADE (NORDIC)**  
**LES SAISIES 2009**

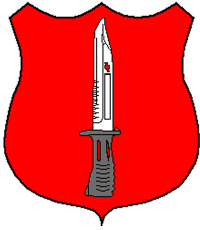


**WOMEN'S BIATHLON 1km SPRINT**

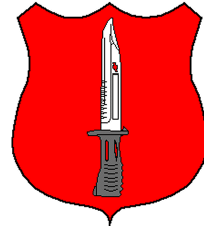
**Tuesday 15 December 2009**

**OFFICIAL RESULTS**

<b>Pos</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Run Time</b>	<b>P</b>	<b>S</b>	<b>Penalty</b>	<b>Ind Time</b>
<b>1</b>	Pte	GIBSON Hannah	3 Med Regt	FJN	RAMC	09:52	4	4	02:00	<b>11:52</b>
<b>2</b>	Pte	RICHARDS Kirsty	3 Med Regt	FSN	RAMC	09:58	5	5	02:30	<b>12:28</b>
<b>3</b>	Pte	TUSWA Akhona	3 Med Regt	FSN	RAMC	11:16	5	5	02:30	<b>13:46</b>

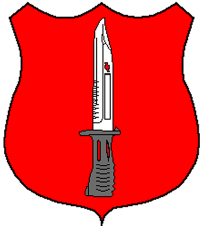


INFANTRY NORDIC SKI CHAMPIONSHIPS  
EX FROSTED BLADE (NORDIC)  
LES SAISIES 2009

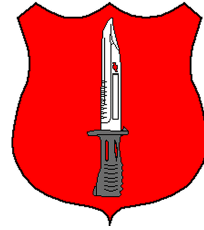


MEN'S BIATHLON 1km SPRINT  
Tuesday 15 December 2009  
OFFICIAL NOVICE TEAM RESULTS

Pos	INF	Team	Rank	Name	Cat	Corps	P	S	Ind Time	Team Time
		<b>3 PARA</b>								<b>24:02</b>
		LCpl		DRINKWATER Jas	SN	INF	3	4	07:34	
		Pte		BEAUMONT-FARRELL Matt	JN	INF	3	5	08:07	
		Pte		READ Josh	SN	INF	2	4	08:21	
		Pte		COLE Stu	JN	INF	3	4	08:42	
		<b>1 RIFLES</b>								<b>24:11</b>
		LCpl		GORAL James	JN	INF	4	5	07:22	
		Rfn		SHEPPARD John	JN	INF	2	3	08:16	
		Rfn		KELLY Micheal	JN	INF	5	4	08:33	
		Rfn		STEVENS Micheal	JN	INF	4	4	08:42	
		<b>2 ROYAL WELSH</b>								<b>24:16</b>
		Pte		HUGHES Adam	SN	INF	3	4	07:48	
		Pte		DONNE Damian	JN	INF	2	5	08:07	
		Pte		WATKINS Wayne	SN	INF	3	2	08:21	
		2Lt		CHRONIR Nathan	SN	INF	2	3	08:25	
		<b>2 ROYAL WELSH B</b>								<b>26:22</b>
		Pte		HOLLAND Todd	SN	INF	4	4	08:37	
		Pte		ALLEN Micheal	SN	INF	4	5	08:40	
		Capt		KESTIN John	SN	INF	4	3	09:05	
		2Lt		O'DONAGHUE Micheal	SN	INF	5	5	12:19	
		<b>3 Med Regt</b>								<b>26:52</b>
		LCpl		RADFORD Kenny	SN	RLC	3	4	07:52	
		2Lt		MAHONEY Thomas	SN	RAMC	5	4	09:27	
		LCpl		JONES Paul	SN	RLC	5	3	09:33	
		Cpl		MORGAN Todd	SN	RAMC	5	4	10:41	
		<b>5 RIFLES</b>								<b>27:04</b>
		Lt		DAVIES Chris	SN	INF	3	3	08:22	
		LCpl		KENYON Ian	SN	INF	5	3	08:57	
		Rfn		WARD Alex	JN	INF	5	5	09:45	

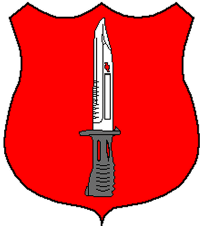


INFANTRY NORDIC SKI CHAMPIONSHIPS  
EX FROSTED BLADE (NORDIC)  
LES SAISIES 2009



MEN'S BIATHLON 1km SPRINT  
Tuesday 15 December 2009  
OFFICIAL NOVICE TEAM RESULTS

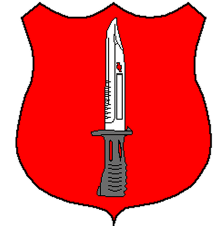
Pos	INF	Team	Rank	Name	Cat	Corps	P	S	Ind Time	Team Time
		<b>1 RIFLES B</b>								<b>27:20</b>
		Rfn		BRAND Ben	SN	INF	4	3	08:59	
		Rfn		PEARCE Stu	SN	INF	3	3	08:59	
		LCpl		CAIN John	JN	INF	5	5	09:22	
		<i>LCpl</i>		<i>STILLMAN Dale</i>	<i>SN</i>	<i>INF</i>	<i>5</i>	<i>4</i>	<i>09:25</i>	
		<b>3 PARA B</b>								<b>27:34</b>
		Pte		JACKSON Sam	JN	INF	5	5	<b>08:47</b>	
		Pte		HILL Jermal	JN	INF	4	5	<b>09:23</b>	
		LCpl		TEDHAM James	SN	INF	4	5	<b>09:24</b>	
		<i>Pte</i>		<i>ROY Lucas</i>	<i>SN</i>	<i>INF</i>	<i>4</i>	<i>5</i>	<i>10:16</i>	



# INFANTRY NORDIC SKI CHAMPIONSHIPS

## LES SAISIES 2009

### MENS OVERALL COMBINATION

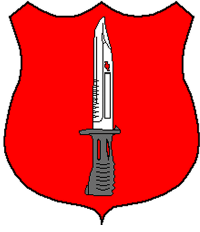


Pos	Rank	Name	Team	Cat	Corps	Skate	Classic	Biathlon	Total
1	Capt	MARTIN Andrew	3 Med Regt	V	RLC	1	1	3	5
2	Lt	GRAVES Kraig	1 RIFLES	S	INF	4	2	1	7
3	LCpl	BOLD David	3 Med Regt	S	REME	2	5	2	9
4	Sgt	JOHNSTON Bruce	5 RIFLES	V	INF	8	8	8	24
5	Pte	BEAUMONT-FARRELL Matt	3 PARA	JN	INF	11	11	9	31
6	LCpl	DRINKWATER Jas	3 PARA	SN	INF	17	10	5	32
7	LCpl	GORAL James	1 RIFLES	JN	INF	13	16	4	33
8	Sgt	BROOM Phil	13 AASR RLC	S	RLC	3	3	37 <sup>1</sup>	43
9	Rfn	STEVENS Micheal	1 RIFLES	JN	INF	10	15	20	45
10	LCpl	MEEKINGS Brett	13 AASR RLC	S	RLC	5	4	37	46
11	Cfn	SUMNER Steve	13 AASR RLC	JN	REME	6	6	37	49
12	LCpl	CAIN John	1 RIFLES	SN	INF	18	7	27	52
13	Pte	HUGHES Adam	2 ROYAL WELSH	SN	INF	19	28	6	53
14	Sjt	GODDARD Pdraig	1 RIFLES	V	INF	16	25	12	53
15	Pte	FITTON Craig	13 AASR RLC	SN	RLC	7	11	37	55
16	Pte	ALLEN Micheal	2 ROYAL WELSH	SN	INF	27	9	19	55
17	Rfn	BRAND Ben	1 RIFLES	SN	INF	21	13	24	58
18	Pte	WATKINS Wayne	2 ROYAL WELSH	SN	INF	24	23	12	59
19	Rfn	SHEPPARD John	1 RIFLES	JN	INF	30	20	11	61
20	Rfn	KELLY Micheal	1 RIFLES	JN	INF	8	38	17	63
21	LCpl	KENYON Ian	5 RIFLES	SN	INF	15	26	23	64
22	Pte	READ Josh	3 PARA	JN	INF	22	31	12	65
23	LCpl	STILLMAN Dale	1 RIFLES	SN	INF	14	21	30	65
24	Lt	DAVIES Chris	5 RIFLES	SN	INF	33	19	15	67
24	2Lt	HOWES Jonathon	13 AASR RLC	SN	RLC	12	18	37	67
25	Pte	DONNE Damian	2 ROYAL WELSH	JN	INF	35	24	9	68
26	Pte	COLE Stu	3 PARA	JN	INF	20	30	20	70
27	LCpl	RADFORD Kenny	3 Med Regt	SN	RLC	26	41	7	74
28	LCpl	TEDHAM James	3 PARA	SN	INF	29	17	29	75
29	Pte	HOLLAND Todd	2 ROYAL WELSH	SN	INF	23	39	18	80
30	Capt	KESTIN John	2 ROYAL WELSH	SN	INF	32	22	26	80
31	Rfn	PEARCE Stu	1 RIFLES	SN	INF	28	29	24	81
32	Rfn	WARD Alex	5 RIFLES	JN	INF	37	13	33	83
33	2Lt	CHRONIR Nathan	2 ROYAL WELSH	SN	INF	39	33	16	88
34	Pte	JACKSON Sam	3 PARA	JN	INF	40	27	22	89

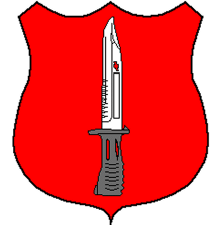
<b>Pos</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Skate</b>	<b>Classic</b>	<b>Biathlon</b>	<b>Total</b>
<b>35</b>	LCpl	COEY Alex	3 Med Regt	SN	RLC	<b>24</b>	<b>34</b>	<i>37</i>	<b>95</b>
<b>36</b>	Pte	HILL Jermal	3 PARA	JN	INF	<b>31</b>	<b>37</b>	<b>28</b>	<b>96</b>
<b>37</b>	2Lt	MAHONEY Thomas	3 Med Regt	SN	RAMC	<b>36</b>	<b>35</b>	<b>31</b>	<b>102</b>
<b>38</b>	LCpl	JONES Paul	3 Med Regt	SN	RLC	<b>34</b>	<b>36</b>	<b>32</b>	<b>102</b>
<b>39</b>	Cpl	MORGAN Todd	3 Med Regt	SN	RAMC	<b>38</b>	<b>32</b>	<b>35</b>	<b>105</b>
<b>40</b>	2Lt	O'DONAGHUE Micheal	2 ROYAL WELSH	SN	INF	<b>41</b>	<b>40</b>	<b>36</b>	<b>117</b>
<b>41</b>	Pte	ROY Lucas	3 PARA	SN	INF	<b>42</b>	<i>43</i>	<b>34</b>	<b>119</b>
<b>42</b>	Cfn	MARTIN Neale	13 AASR RLC	SN	REME	<i>43</i>	<b>42</b>	<b>37</b>	<b>122</b>

1. Numbers in italic and not bold denotes competitor did not score in that event so awarded last position plus 1 place.

Competitors who finished with the overall points equal have been allocated position depending on their best individual performance.



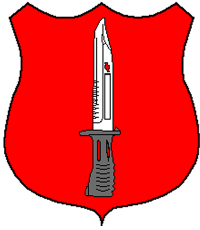
**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**LES SAISIES 2009**  
**WOMEN'S OVERALL COMBINATION**



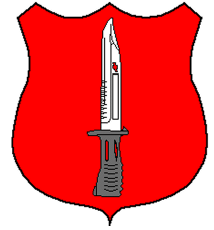
<b>Pos</b>	<b>Rank</b>	<b>Name</b>	<b>Team</b>	<b>Cat</b>	<b>Corps</b>	<b>Skate</b>	<b>Classic</b>	<b>Biathlon</b>	<b>Total</b>
<b>1</b>	Pte	RICHARDS Kirsty	3 Med Regt	RAMC	FSN	<b>1</b>	<b>2</b>	<b>2</b>	<b>5</b>
<b>2</b>	Pte	GIBSON Hannah	3 Med Regt	RAMC	FJN	<b>2</b>	<b>3</b>	<b>1</b>	<b>6</b>
<b>3</b>	2Lt	KINLAN Holly	3 Med Regt	AGC	FSN	<b>5</b>	<b>1</b>	<b>4</b>	<b>10</b>
<b>4</b>	Pte	TUSWA Akhona	3 Med Regt	RAMC	FSN	<b>3</b>	<b>4</b>	<b>3</b>	<b>10</b>
<b>5</b>	Pte	DALLING Abigail	3 Med Regt	RAMC	FJN	<b>4</b>	<b>5</b>	<b>4</b>	<b>13</b>

Numbers in italic and not bold denotes competitor did not score in that event so awarded last position plus 1 place.

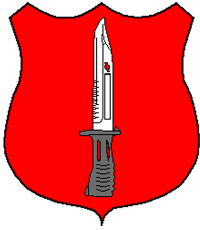
Competitors who finished with the overall points equal have been allocated position depending on their best individual performance.



**INFANTRY NORDIC SKI CHAMPIONSHIPS**  
**LES SAISIES 2009**  
**INFANTRY NOVICE TEAM COMBINATION**



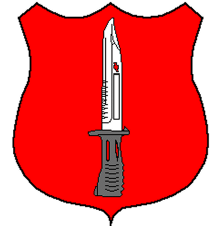
<b>Position</b>	<b>Team</b>	<b>Skate</b>	<b>Classic</b>	<b>Biathlon</b>	<b>Total</b>
<b>1</b>	<b>1 RIFLES</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>4</b>
<b>2</b>	<b>3 PARA</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>5</b>
<b>3</b>	<b>2 ROYAL WELSH</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>9</b>
<b>4</b>	<b>5 RIFLES</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>12</b>



# INFANTRY NORDIC SKI CHAMPIONSHIPS

LES SAISIES 2009

PRIZE WINNERS



Prizes were awarded as follows:

## INDIVIDUAL RACES

Category	Rank	Name	Team
Infantry Novice 7km Skate Champion:	Rfn	KELLY Micheal	1 RIFLES
Infantry Novice 7km Classic Champion:	LCpl	CAIN John	1 RIFLES
Infantry Novice Biathlon Best Shot:	Rfn	SHEPPARD John	1 RIFLES
Infantry Novice Biathlon Champion:	LCpl	GORAL James	1 RIFLES

## OVERALL COMBINATION

Category	Rank	Name	Team
Women's Overall Winner:	Pte	RICHARDS Kirsty	3 Med Regt
Guest Junior Novice Champion:	Cfn	SUMNER Steve	13 AASR RLC
Guest Senior Novice Champion:	Pte	FITTON Craig	13 AASR RLC
Guest Nordic Champion:	Capt	MARTIN Andrew	3 Med Regt
Most Improved Infantry Novice:	Pte	DONNE Damian	2 ROYAL WELSH
Infantry Junior Novice Champion:	Pte	BEAUMONT-FARRELL Matt	3 PARA
Infantry Senior Novice Champion:	LCpl	DRINKWATER Jas	3 PARA
Infantry Nordic Champion:	Lt	GRAVES Kraig	1 RIFLES