

AWSA Ex Rucksack Ruhpolding 2020
Army, Inter Service, British National Cross Country Biathlon Championships
@ 30 Aug 2019

Date	Time	Finish	Event	Venue	Lanes
			* Zeroing starts 1 hr before Race START time	IS = Inter Service; IC = Inter Corps; BLUE CAPITALS = British National Race	
			Times subject to change!	No training on Course or Range unless shown	CT = Classical Technique. FT = Free Technique
Mon	20 Jan	10:00	Temporary Race Office Opens (+44 7973 868572)	tba	
Tue	21 Jan	09:00	Take over Race Office (+49 8663 419080)	Alte Schulhaus	
		10:00	Key Officials' Meeting	Alte Schulhaus	
Wed	22 Jan	All Day	Teams Arrive - Race Office	Alte Schulhaus	
Thu	23 Jan	09:00	Officials' Meeting	Kurhaus	
		10:00	Team Captains' Meeting		
		12:00	16:00	XC Training	Lakes / Reit im Winkl
Fri	24 Jan	09:00	Keys for Wax Cabins	Hochfilzen	
		10:00	15:00	XC Training	Hochfilzen
		18:00	Team Captains' Meeting	Kurhaus	
Sat	25 Jan		Hahnenkamm	Kitzbüchel	
		12:00	MEN 15 Km XC (CT) (IS, IC)		
		13:30	WOMEN 10 Km XC (CT) (IC)	Hochfilzen	
		13:40	BOYS & GIRLS 5 km XC (CT)		
		18:00	Team Captains' Meeting	Kurhaus	
Sun	26 Jan		Chiemgau Trophy	Chiemgau Arena	
		13:00	BOYS & GIRLS 5 km XC (FT)		
		13:15	WOMEN 7.5 km XC (FT)	Hochfilzen	
		14:00	JUNIOR & Senior Novice Men 7.5 km XC (FT)		
		14:45	SENIOR MEN 10 Km XC (FT)		
		19:00	20:30	Team Captains' Reception	Hotel zur Post
Mon	27 Jan	09:00	Keys for Wax Cabins & Stadium	Chiemgau Arena	
		12:00	16:00	XC Course Inspection (5 km Relay (CT) & Biathlon Official Training	Chiemgau Arena
		17:30	Team Captains' Meeting	Kurhaus	?
Tue	28 Jan	10:00	May slip 2 hrs	Men 4 x 5 km XC (CT)	Chiemgau Arena
		11:40	Women 4 x 5 km XC (CT) (IC)	Chiemgau Arena	?
		14:00	16:30	Biathlon Official Training	Chiemgau Arena
		18:30	Prize Giving	Champions' Park	
Wed	29 Jan	12:00	16:00	Biathlon Official Training	Chiemgau Arena
		17:30	Team Captains' Meeting	Kurhaus	?
Thu	30 Jan	*11:00	JUNIOR MEN 15 km Biathlon Indiv	Chiemgau Arena	
		11:15	SENIOR NOVICE MEN 15 km Biathlon Indiv		
		11:45	WOMEN 12.5 km Biathlon Indiv		
		*14:15	SENIOR MEN Men 20 km Biathlon Indiv		
Fri	31 Jan	09:00	12:00	Biathlon Official Training	Chiemgau Arena
		17:30	Team Captains' Meeting		?
Sat	01 Feb	*10:00	WOMEN 7.5 km Biathlon Sprint (IC)	Chiemgau Arena	
		*11:55	MEN 10 KM BIATHLON SPRINT (IS, IC)		
		17:00	Team Captains' Meeting	Kurhaus	
		17:45	BBU AGM	Kurhaus	
Sun	02 Feb	*10:30	JUNIOR MEN 10 km Biathlon Mass Start	Chiemgau Arena	
		10:33	WOMEN 10 km Biathlon Mass Start		
		*12:25	SENIOR MEN 12.5 km Biathlon Mass Start		
		12:28	SENIOR NOVICE MEN 12.5 km Biathlon Mass Start		
		18:30	Prize Giving	Kurhaus	
Mon	03 Feb	13:00	16:00	Biathlon Official / Patrol Race Training	Chiemgau Arena
		17:30	Team Captains' Meeting & Patrol Race Draw	Kurhaus	?
Tue	04 Feb	*13:00	Men 4 x 7.5 km Biathlon Relay	Chiemgau Arena	
		13:03	Women 4 x 6 km Biathlon Relay (IC)		
Wed	05 Feb	13:00	16:00	Patrol Race Training	Chiemgau Arena
		17:30	Team Captains' Meeting		?
Thu	06 Feb	09:00	Military Patrol Race (IC for Women)	Chiemgau Arena	
		19:00	Final Prize Giving		
Fri	07 Feb	08:00	Teams Disperse - Race Office		