

Redbridge Cycling Centre 29.10.2023.

INVITATION



Dear athletes,

It is with great pleasure that the BBU invites you to the Inaugural British Biathlon Laser Championships. Laser rifles provide us to opportunity to expose new and interested athletes to the sport of biathlon in a safe and engaging environment. This championship event will comprise of a running and roller-ski race where athletes can partake in one or both disciplines in line with their personal goals and sporting background.

A1. VENUE

Redbridge Cycling Centre - <https://visionrcl.org.uk/centre/redbridge-cycling-centre/>

A2. ADDRESS

Redbridge Cycling Centre, Forest Road, Hainault,
IG6 3HP

A3. ORGANISATION

The British Biathlon Union will be the event organisers



A4. ORGANISING COMMITTEE

Chief of competition	Carl Carrier
Competition Secretary	Elizabeth Winfield
Chief of range	Marketa Hamilton
Chief of course	Carl Carrier
Chief of timing	Carl Carrier

A5. LOGISTICS

The lower car park is to be used at the cycling centre. The top parking area will be converted to a multi lane laser shooting range for this event.

A6. TRAVEL

Individual can travel directly to the cycling centre using the above address.

The nearest train station is Fairlop, 2 miles from the cycling centre.

The nearest bus stops are on Forest Road on the 247 & 362 bus lines, 500m from the cycling centre

A7. AIRPORTS

London Stansted is the closest airport, 30 miles away.

A8. LIABILITY & INSURANCE

Any competitor with BBU membership - <https://www.britishbiathlon.com/product/bbu-full-member/> - will have the relevant cover for this event, for those that are not a BBU Member an additional £3 will be added to your entry fee.

A9. RACE ENTRY

The QR below code or of the following link - <https://nl1qtkeb3kh.typeform.com/to/ng9m0Gks> - can be used to register prior to or on the day. Registrations on the day will be taken by cash or card

A10. RIFLES AND AMMUNITION

1. Rifles

The Anschütz Laser Power IV rifles and targets will be used for this competition. These rifles are eye safe.

2. Ammunition

Laser rifles do not require any ammunition.



B1. PROGRAMME

Time	Event	Details	Note
09.00	Cycling centre opens to competitors	Stadium area closed to roller-skis, remainder of the track open Running course open for recce	
10.00	Range open for zeroing	Competitors are permitted to try shooting from any and all rifles.	All rifles will have been zeroed by a single BBU coach
11.00	Running race starts	3 x 1.4km cross-country with 2 visits to range plus penalty loop	Bottom loop (only) open for roller-skiing. Children shoot prone, prone
12.15	Prize giving	As per the age groups explained in B3	Immediately in front of the club house
12.30	Full track open		Courses will be reset during this period
13.30	Range open for zeroing	Competitors are permitted to try shooting from any and all rifles.	All rifles will have been zeroed by a single BBU coach
14.30	Roller-ski race starts	3 x 2km course with 2 visits to the range with penalty loops	Children shoot prone, prone
16.00	Prize giving	As per the age groups explained in B3	Immediately in front of the club house
17.00	Event finishes	Cycle centre closes	

B2. COMPETITION REGULATIONS

The competitions will be performed according to the IBU rules.

B3. AGE GROUPS FOR CLASSES OF COMPETITORS

There will be four classes of competitors, with male and female fields plus an 'open' class to recognise the fastest times of the day.

CHILDREN	2009 and younger
YOUTH	2005-2008
JUNIOR	2002-2004
SENIOR	2001 and older
OPEN	Either sex and all age groups

B4. EQUIPMENT & CLOTHING

Equipment

Helmet*, glasses, skate roller-skis (US6 wheels or slower) poles, boots.

There will be a small number of roller-skis to loan out for the race if required but prior notice must be given.

No arm cuff for the rifles will be required as rifles will be shot from a resting box in the prone position.

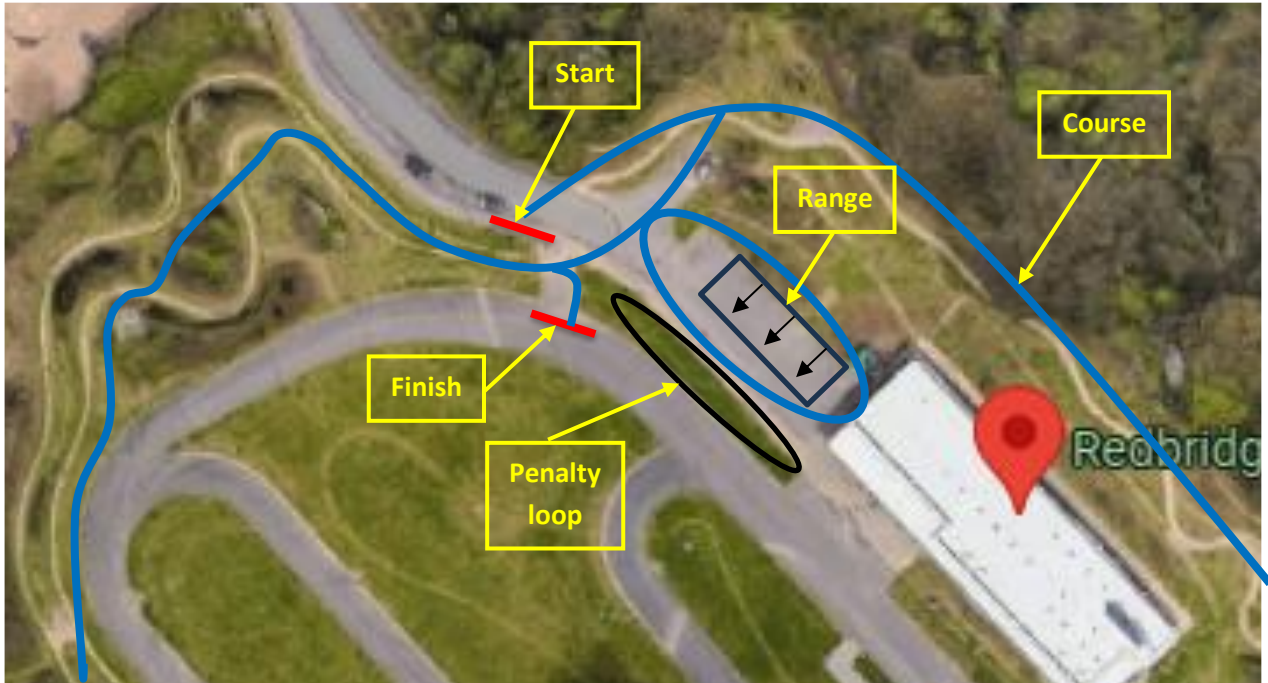
*Compulsory for roller-ski race and training periods

Clothing

Weather related running type attire for both races is adequate

B5. STADIUM AND COURSE PLANS

Running race – 3 x 1.4kms /4.2kms with 80m penalty loop



Biathlon race – 3 x 2kms /6kms with 100m penalty loop

